

# COURSE DESCRIPTION Lahti Summer School 2025

**Course name** CO DESIGN BETTER URBAN LIVING AND WELLBEING

**Place** Niemi Campus N73 & M19 + other venues in Lahti

**Credits** 5 ECTS

**Study field** Interdisciplinary (environmental, business, design, technology, social and health care)

**Target group** Bachelor and Master degree students

**Time** Online start on mid-May, physical period 26.5.-6.6.2025 on the campus (no online possibility)

**Theme** Summer School themes are related to planetary health

During summer school you will learn, how human health and the health of the planet are closely connected and what can be done to protect and enhance both. The theme is approached from the perspectives of healthcare as well as business, technology, and design. The result is a multidimensional perspective on the subject.

## Learning Outcomes

### Knowledge

- use professional concepts and apply own professional knowledge in interdisciplinary and international group
- take account the urban living environment as a resource of health and wellbeing

### Skills

- analyze the initial situation and the needs of a client or a business partner
- present alternative solutions and adapt the professional skills to the co-design project of the work-life partner
- choose suitable methods and explain the reasons for these solutions
- present the results by collaborating with international student team

### Teamwork

- act with situational awareness
- plan and arrange the activities with the ethical principles of one's own professional field
- organize interdisciplinary and international teamwork according to the team's professional goals

## Learning methods

Lessons, workshops, teamwork in interdisciplinary and international teams, project work supervised by teachers, and by work-life partners.

## Assessment methods and criteria

Completed preparatory work, attendance to online component before the physical one. 100% attendance requirement for the physical period. Active participation in lectures, workshops, project assignment and presenting results.

**Grading** Passed/ Failed

**Teachers** Several academics from organizing universities + from partner universities