

# Lahti Summer School 2025 - CO DESIGN BETTER URBAN LIVING AND WELLBEING

Structure of the programme 26 May – 6 June 2025 (draft)

Day	1	2	3	4	5	6	7	8	9	10		
	Monday 26.5.	Tuesday 27.5.	Wednesday 28.5.	Thursday 29.5.	Friday 30.5.	Saturday 31.5.	Sunday 1.6.	Monday 2.6.	Tuesday 3.6.	Wednesday 4.6.	Thursday 5.6.	Friday 5.6.
Morning	<b>Welcome! Starting the Summer School</b> Goals and methods of the Summer School	<b>Planetary Health</b> Lectures	<b>Our impact on the environment</b> Lectures	<b>Project work</b> Work in teams	<b>Review of progress</b> Finishing the presentation	<b>Trip to Helsinki</b>	<b>Free day</b>	<b>Co-design</b> Lectures Assignments Teamwork	<b>Better urban living</b> Work in teams	<b>Project work</b> Project team meeting with supervisor & work in team	<b>Finishing the tasks</b> Work in teams	<b>Final presentations</b> Presentations # 15 min/team
Afternoon	<b>Introduction to the theme of Planetary Health</b> Case announcement & team building	Lecture Work in teams	Lecture Work in teams		Project work presentations All teams, current situation and peer evaluation			Work in teams	<b>Excursion / Field visit</b>	Work in teams	Checking the final presentation for Friday with the supervisors	Presentations continue... Conclusion & Feedback <b>Coffee &amp; Cake</b> <b>Goodbye!</b>
Evening	Getting to know Lahti - walking tour		Get together & Picknick			Back to Lahti		Getting to know Finnish sauna			Farewell Dinner	